

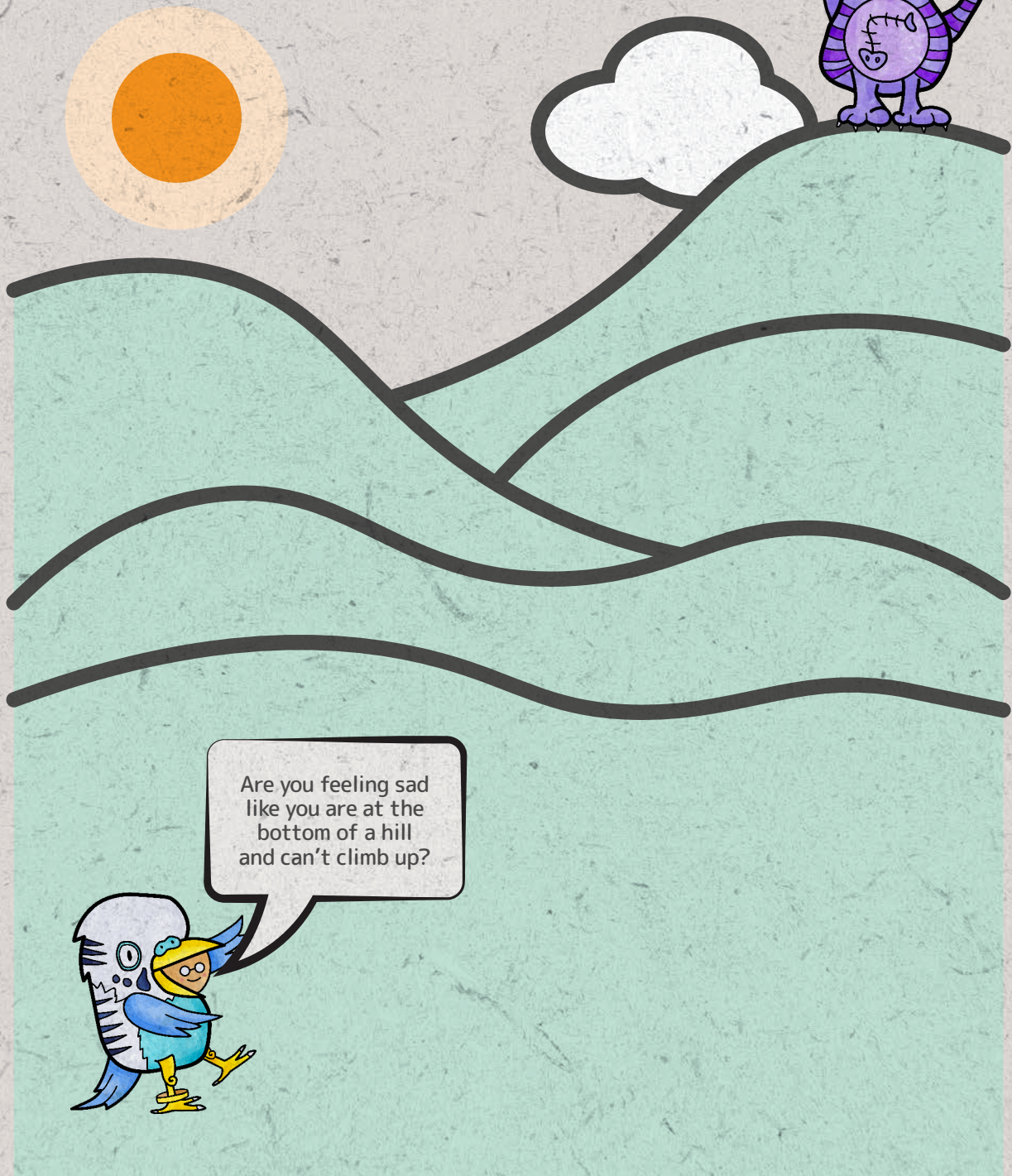


# Where are you today?

Remember its about how you feel.

Draw an 'X' where you are today.

Are you feeling great, like you are on the top of the world?



Are you feeling sad like you are at the bottom of a hill and can't climb up?

